

NPO General Membership Meeting  
Saturday July 11, 2009  
ONA Tualatin, Oregon  
10:00 am- 13:30

**1.** Called to order by Chair, Pam DeVisser.

Attendees: Pam DeVisser, Anne Barry-Lever, Frances Guthridge, Patti Brandon, Max Tenscher, Teri Gerlt, Bunny Lewis, , Larlene Dunsmuir, Mary Grant, Kat Chinn, guest-Karla McGee FNP student, Karen Riesinger, Mariah Taylor, Pam Rathbone and LuAnn Cook.

Staff: Susan King

Guest: Frank Mussell (for portion of meeting)

**2.** There were no announcements. Karla McGee FNP student was introduced to the group. She is the recipient of our first NP student Scholarship Award.

**3. Treasurer's report** was provided by Frances Guthridge.

ASSETS

Cash & Cash Equivalents	54,175.08	
Schwab Money Market	264.89	
Marketable Securities	103,127.42	
Prepaid Expenses	<u>3,661.17</u>	
<b>Total Current Assets</b>		<b><u><u>161,228.56</u></u></b>

LIABILITIES

Accounts Payable	<u>0.00</u>	
Total Current Liabilities		0.00

Fund Balance

Fund Balance, June 2008	164,293.40	
Loss to date	<u>-3,064.84</u>	
Adjusted Fund Balance		161,228.56

**Total Liabilities & Fund Balance** **161,228.56**

Susan King shared ONA has added a financial expert to the Finance Committee who will provide oversight and potentially make recommendations regarding our investments.

**4. Secretary Minutes** were approved as corrected; change the title of Agenda to Minutes, correct misspelling of "Reisinger" to "Riesinger", negotiations changed to negotiations, correct OSB to OSBN, from to from, Pam to Pam, bringing to bringing and move the 7.3 item to proper place.

## **5. Committee Reports**

### 5.1 Legislative Teri Gerlt

SB 605 Advanced Practice Dispensing Delegation Bill passed. This legislation allows NP's with dispensing privileges to delegate to trained office staff "non-judgmental functions" such as handing the medication to the patient.

Three bills that can impact our practice are Expedited Partner Therapy (HB 3022), which allows providers to prescribe for a patient's partner without an examination for STD's; the PPV Insurance Mandate (HB 2794), which requires insurers to cover HPV vaccine; and the Prescription Monitoring Program (SB 355), which directs DHS to establish a prescription drug –monitoring program through the local pharmacies.

The Board of Medical Imaging (HB 2245) introduced a bill that would not only change its name but tighten up the qualifications of persons who may actually take x-rays. ONA's amendments preserved the NP's ability to use in office X-ray and Ultrasound.

It was a good session for Health Care Reform. HB 2009 establishes the Oregon Health Policy Board, a nine-member panel appointed by the Governor to oversee the development and implementation of health care policy in Oregon. This bill puts in to law the recommendations of the Health Fund Board. For more information go to: <http://healthfundboard.oregon.gov/>

Oregon Health Plan Expansion (HB 2116) creates the Health Care for All Oregon Children program to make affordable, accessible health care available to all of Oregon's children. The integrated Health Homes (HB 3418) directs DHS to assess the viability of a system reimburse Medicaid providers who promote a primary care home model, including nursing services.

The nursing and nursing faculty shortage was the aim of Nursing Faculty Loan Forgiveness (SB 701). ONA worked with other nursing interests to create a loan forgiveness program for nurse professionals who complete advance degrees and teach in Oregon nursing schools. The program will forgive the least of 20% or \$10, 000 for up to 3 years for a master's degree and up to 5 years for doctoral degree for nurse educators after each year of instruction. This program received funding in the 'end-of session' bill (HB 5054) for \$200,000 during the 2009-2010 biennium.

The Psychologist Prescribing Authority (HB 2702). This legislation began as an attempt to allow licensed psychologists prescribing privileges, however, opposition from other provider groups created an interim workgroup to study this expanded authority.

NPO members and Susan King acknowledged Jack Dempsey for his hard work in his first legislative session working for ONA. Larlene suggested that a thank you note be sent to him on behalf of NPO. Pam seconded that and commented on how nice it was to receive the hand written note from Samantha Shepherd for working on the legislative issues in Salem.

Susan provided the National Legislative update. Overall Susan stated that NP's are positioned well in the current legislative environment. At the National level they continue to work on obtaining the ability for NP's to order home health. Susan also shared that Senator Ron Wyden's bill is not a single payor as some describe and is inclusive of NP's. However the AFLCIO is not in favor of this bill.

There is a great deal of information available currently and some of it is correct and some not. Susan strongly recommends that if people are uncertain to go the ANA website and to feel free to contact ONA as well.

## **5.2 Membership and Marketing Patti Brandon/Mary Grant**

Patti provided an update on the brochure. We had an opportunity to review an example. It will be a card stock, quad fold brochure. Recommendations were given to add ONA/NPO membership dues cost. Also consider having them refer to the website for information. The plan is to have the brochure ready before the NPO conference in the fall.

Patti also recommended that the Membership Committee have a booth at NPO conference. The regional representatives could help staff the booth as well have poster board with advertising. Susan offered using the ONA back drop and having NPO posters displayed. It was also recommended that job descriptions for the elected NPO positions be available.

Mary gave a report on how the letter campaign to New NP's is going. The letters are being mailed. The largest concern is the ongoing loss of membership. The most common concern people provide is cost and with the current economic situation, many feel that dues are easily given up. Many employers are choosing not covering the expense for dues either currently. There has been a loss of 50 members since January 2009. Mary and Patti are meeting with the Regional Reps quarterly to problem solve. Mary also reminded everyone that NP students who attend each of our quarterly meetings will receive 25% off the cost of NPO. Theoretically they could attend free of charge.

Pam shared that she had an out of state NP who received the letter and was very appreciative. It gave her resources that would have taken her time to find. We were also reminded that if your name is listed as a referral for a new member, you will receive a \$50.00 check mailed directly to you.

There was a motion made by Bunny Lewis to send a recommendation to the ONA bylaw committee to extend the new graduate reduced fee from 1 year to 3 years. It was seconded by Karen Riesinger. The motion was passed unanimously.

Mary Grant then reviewed the NP Survey results. The Report is available free of charge to members and is available for sale at \$25.00 for non-members. Patti Brandon will send the information to Bunny Lewis to post on Collective X, now known as Groupsite.

Pam queried the membership committee about what type of process was in place for dropped members. At this time the Regional Representatives send out two letters and follow up with a phone call. Meg Portwood shared that she had one member retire and she has not had a response from one other. Larlene Dunsmuir then commented about the cost of membership and she recommends that we consider having more tangible benefits, for example: cell phone discounts. Patti Brandon recommended contacting a company like Deschutes who would provide free financial advisement. Larlene Dunsmuir shared there is another group called Partners Group that offers similar services. Frances Guthridge also shared an example of having opportunity to purchase books at a discount like with the American Medical Association. Susan King said she would take on this project and contact some of these types of companies and see what type of services they would have to offer to our membership and bring the information back to the group.

Karla McGee, FNP-student, shared that AACN provides CEU benefits to its membership and thought that would be an opportunity to review. Susan said she would be on a call with ANCC in the coming weeks and would investigate.

Pam Rathbone commented that "to be a part of the group is more important than the cost."

Nominating Committee Report provided by Mariah Taylor. It has been a challenge once again to obtain interested members to run for office. At present she has one individual, Tawnya Tompkins who will run for the Nominating Committee. Frances will not be relocating so will be completing her second

term. There was much discussion around recommending names for the remaining positions, secretary and chair elect. Rhoda Duran and Corlyn Kasper will be contacted by Mariah to ascertain their potential interest.

At this time Mariah will work with Melissa Tangedal to get out the Biography forms to the members who are running for office. The online ballots will then follow.

Conference Committee report was provided by Larlene Dunsmuir. The dates are Thursday October 22 through Sunday October 25 in Eugene Oregon. The Save the Date post cards will be mailed out next week. The schedule is complete and looks as if there will be 20 hours of CEU.

The plan had been to consider the Oregon Gardens Resort in Silverton as an option for the 2010 conference. Unfortunately when Larlene toured the site, the hotel was too small and there were no other hotels or motels close to Silverton without driving into Salem. At this time she is currently looking into returning to Salishan Resort in September 2010.

The social event to be held this year on Saturday the 24 was up for discussion. Larlene presented an idea for a Casino event with play money. There is a local Eugene company who can provide the equipment and funny money with "NPO faces" at around \$3500.00. Another option discussed was music and dancing. In order to meet the expense of the social event a small charge would need to be assessed in addition to the cost of the conference. There was more conversation about the cost and Frances Guthridge asked the group to consider not charging for the social event and have the expense paid from our general fund. Larlene was also looking into an opportunity to have a tour at the King Estates winery on Thursday afternoon. Larlene will take this information back to the committee and then complete the plans for this year's event.

### **Regional Representative Reports**

Meg Portwood shared the Rural Health Association Conference will be held November 1<sup>st</sup> at Salishan. Each year the Conference holds an Auction. This year NPO will provide a basket (\$150.00) for the auction. Meg will arrange to put the basket together for the Auction. Kathy Moon from Coos Bay will be filling the seat on the Rural Health Association as the NPO representative.

Pam asked, on behalf of Kathy Moon, if other NP's in Oregon, especially those working in rural areas where experiencing challenges in accessing mental health for their patients. She has experienced this challenge in Douglas County. Anne will take this question to the Regional meeting she will be having in Klamath Falls this month. The question will also be posted on Groupsite.

Karen Riesinger the Portland metro representative reported on the journal club meeting that was held in April. She has reached out to members with the letter campaign and is attending pharmaceutical sponsored educational dinner meetings and networking with NP's.

### **Old Business**

OSBN nominating Status; Max Tenscher is interested and will provide an answer in the next 7-10 days if he will be able to meet the 3 year commitment of 5 meetings per year. The name of our candidate needs to be sent on to the governor by end of July.

### **Scholarship Award**

Pam and Larlene presented Karla McGee with her "oversized" check of \$5000.00. Karla is an FNP student enrolled at WSU in Vancouver. She works as a critical care nurse at St Vincent's Hospital.

She also volunteers her time with the Essential Health Clinic which provides free healthcare to the uninsured in Washington County.

Her remarks:

“It is such a pleasure to be here today to receive this award. I am in my second year at WSU in Vancouver WA.”

“I would like to extend my sincere gratitude to the NPO for honoring me with its scholarship which will ease my family’s financial burden and lead me on the path to achieving my academic and career goals.”

“As a future FNP I look forward to working in partnership with my colleagues as a leader to improve health and promote professional growth in the NPO community. In my professional life, I will also welcome the opportunity to maintain membership in NPO and participate in its conferences and meetings.”

“With the daily struggles now confronting so many families, it’s especially important for us to reach out to one another and offer a helping hand.”

“United We Serve was launched June 26<sup>th</sup>, a national initiative to tackle our toughest problems by working hand-in-hand in communities across the country.”

“We aim to make a real difference right now with more Oregonians into a tradition of life-long service to make an even greater difference down the road. I’d like to invite you to be a part of it by volunteering at Essential Health or Project Access Now.”

“Volunteers provided by NPs will also build important relationships in their communities. Finally, these health care service projects give NPs a chance to make and impact in their own communities and improve the lives of their neighbors in the short term while we simultaneously fight for long term, systemic health care reform.”

“I can hardly wait to be amongst the exceptional NPs who make a difference in the lives of patients. I am so humbled, my many thanks.”

### **Update on OSBN & Investigation**

Pam, Anne and Susan attended a meeting with the Board of Pharmacy to better understand the concerns being brought forward with the recent NP investigations by OSBN. There are many practicing NP’s who have questions around the regulations which govern our prescriptive authority. It is recommended that a Risk Management course for NP licensure be put together and offered to the NP’s within the state. It was also recommended that the course be offered multiple times in different locations to meet the constituent’s needs.

Member Pam Rathbone expressed her desire to share her current challenges with her OSBN investigation. She was accompanied by her attorney Frank Mussell.

Her case involves two main issues, one of which is related to prescribing compounded medications.

Frank her attorney, in reviewing and preparing for the case formulated the opinion that the Oregon NP prescribing verbiage is not succinct enough around compounded drugs and use of FDA non approved medication. He has proposed amendments to OSBN Rules to prescribing. (If you are interested in the document please contact the NPO secretary.) There was much discussion within the attendees. Pam DeVisser shared that as NP’s we can prescribe off label use of FDA approved drugs, just not non FDA approved drugs. Pam DeVisser, thanked the group for the discussion.

Pam shared there is Prevention magazine article that she recommends for reading called Medicine Mixed Up. You can read it at [www.prevention.com](http://www.prevention.com). Search: Medicine Mixed Up should come up as #1 or #2. Then click on the article.

Pam Rathbone and Bunny Lewis, both NP’s shared that their personnel experiences revolved around the question of using an FDA approved ingredient, but changing the delivery system.

## **Strategic Planning**

Updates, Collective X has been renamed to Groupsite and there is currently 130 members. At this time Bunny Lewis will end her management of the site. She will email the information on to Pam DeVisser and a new manager of the site will be arranged.

Anne Barry-Lever will be in Klamath Falls this coming week for the first regional meeting in this area. It is hosted by Corlyn Caspers and they are anticipating 10 NP's. Pam DeVisser asked Meg Portwood if she knew of a point person on the coast. There has been no response from the Newport area. It is proposed that Bend and Newport will be the next sites for Regional Roving Meetings.

## **Journal Club Report**

The first meeting had 7 attendees. The group discussed which article would be the first reviewed. The tool and the article would be posted on the website or Groupsite. The second meeting was rescheduled to some time early fall. Be looking for the information on the website and Groupsite.

## **New Business**

Oregon POLST Task Force has invited NPO to join and send a representative as the NPO member on the Task Force. LuAnn Cook, shared the Task Force mission and organizational rules. LuAnn shared that she would be interested in representing NPO on this Task Force. Karen Riseinger made the nomination for NPO to join and send LuAnn as the representative. The motion was seconded and passed by the attendees.

Bunny Lewis shared this would be her last meeting. She is retiring as an NP and will no longer keep her license. The committee and attendees thanked her for her dedication and wished her well. She will remain active with ONA.

Meeting adjourned at 1:30 pm.

Respectively submitted,

LuAnn Cook, secretary